



HORARIOS ENTRENAMIENTOS XV HORTALEZA RC 2022/23

	EQUIPOS	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
SENIOR	SENIOR M	21:00-22:30	21:00-22:30		21:00-22:30	
	SENIOR F	21:00-22:30		20:30-22:30		20:30-22:30
ACADEMIA	SUB18	19:30-21:00	19:30-21:00		19:30-21:00	
	SUB16	18:00-19:30	18:00-19:30		18:00-19:30	
	SUB14	18:00-19:30	18:00-19:30		18:00-19:30	
ESCUELA	SUB12			18:30-20:00		18:30-20:00
	SUB10			18:30-20:00		18:30-20:00
	SUB8			18:00-19:15		18:00-19:15
	SUB6			18:00-19:00		18:00-19:00
RUGBY SOCIAL	AÑEJOS			20:00-21:30		20:00-22:00
	KHALEESIS			18:15-20:00		18:15-20:00
	TOUCH		19:30-21:00			
	INTEGRACION	17:00-18:30				
ALQUILER	LIONS	20:00-21:45				
TECNIFICACION	ACADEMIA SENIOR					19:30-20:30

Fechas comienzo Entrenamientos temporada 2022-23 XV Hortaleza

Agosto

L	M	X	J	V	S	D
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- 16 Comienzo Entrenamientos senior Masculino
- 17 Comienzo entrenamientos senior Femenino
- 29 Comienzo entrenamientos M18

Septiembre

L	M	X	J	V	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

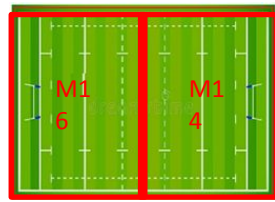
- 1 Comienzo entrenamientos M16 y M14
- 2 Comienzo entrenamientos Añejos y Khaleesis
- 6 Comienzo entrenamientos Touch
- 7 Comienzo entrenamientos M12, M10, M8 y M6
- 19 Comienzo entrenamientos Integración

17:00 A 18:00

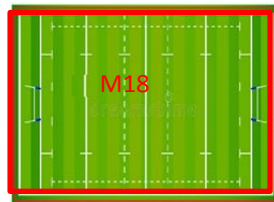
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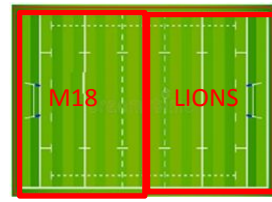
18:00 A 19:30



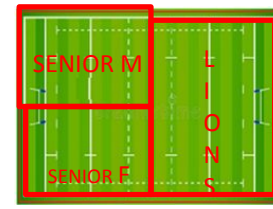
19:30 A 20:00



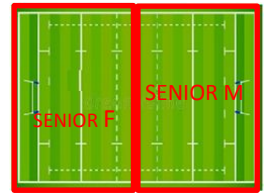
20:00 A 21:00



21:00 A 21:45

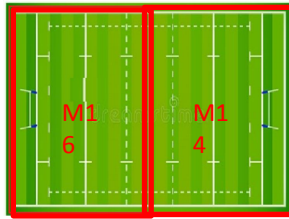


21:45 A 22:30

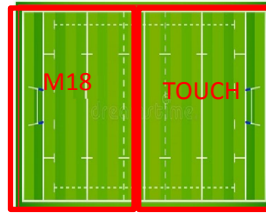


18:00 A 19:30

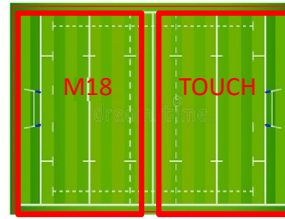
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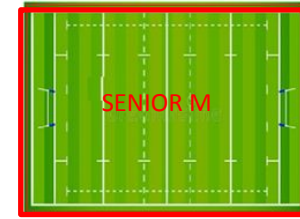
19:30 A 20:30



20:30 A 21:00

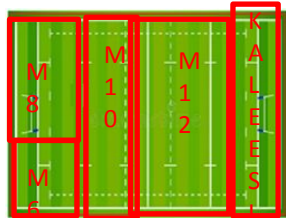


21:00 A 22:30

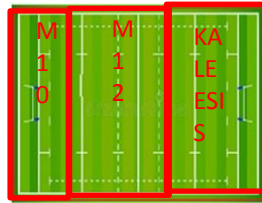


18:00 A 19:15

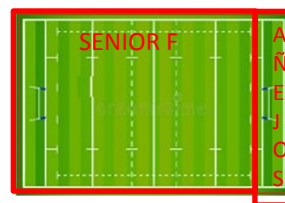
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19:15 A 20:00

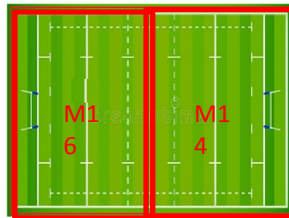


20:30 A 22:30

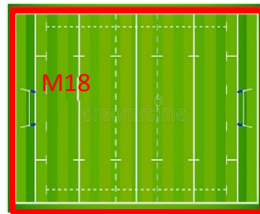


18:00 A 19:30

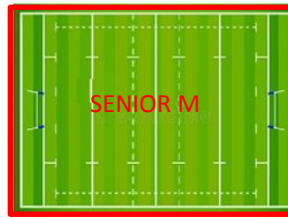
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19:30 A 21:00

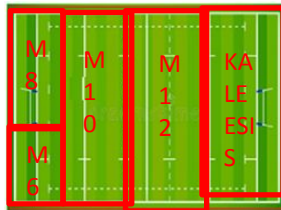


21:00 A 22:30



18:00 A 19:15

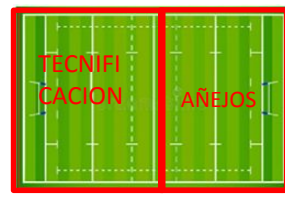
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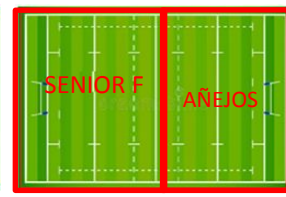
19:15 A 19:30



20:00 A 20:30



20:30 A 22:00



22:00 A 22:30

